

THE STEPS IT TAKES TO BE A FOOTBALL CHAMPION

If you don't care you will be the same as everyone else. Caring gets you started and separates you from everyone else. Caring gets you competing.

If you do not have courage you will be too afraid to work or compete against others. Courage gets you past your fear of doing what needs to be done.

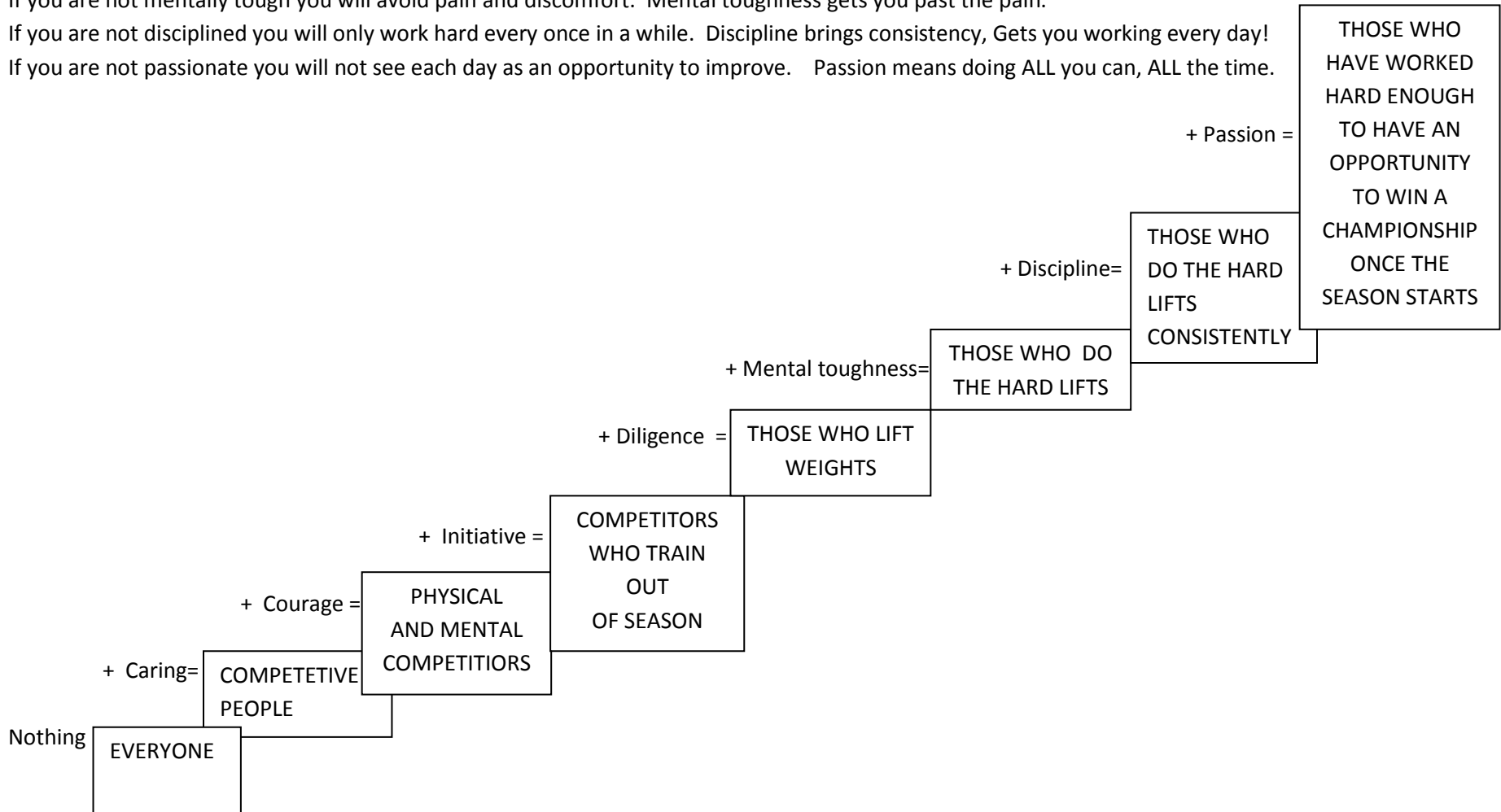
If you do not have initiative you will settle for just playing the game. You will never be able to compete with the best. Initiative means taking opportunities.

If you do not work hard your off-season efforts will be limited in how much they improve your performance. Diligence gets you beyond your natural ability

If you are not mentally tough you will avoid pain and discomfort. Mental toughness gets you past the pain.

If you are not disciplined you will only work hard every once in a while. Discipline brings consistency, Gets you working every day!

If you are not passionate you will not see each day as an opportunity to improve. Passion means doing ALL you can, ALL the time.



-Bill Moore, Head Football Coach, Westfield HS, MA